

**Unified by Nutrients: A Cross-Specialty Perspective**  
**Live Virtual Course | Date: October 12, 2026**

Sponsored by:



Monday, October 12, 2026		
Time (Mountain Time)	Topic	Presenter(s)
8:00-8:15 am	<b>Welcome and Introductions</b>	<i>Dr. Aarti Kathrani</i>
8:15-10:15	<b>Tryptophan:</b> Nutrition Perspective Gastroenterology Perspective Nephrology Perspective Behavior Perspective Panel Discussion	<i>Dr. Aarti Kathrani Dr. Patrick Barko Dr. Stacie Summers Dr. Laurie Bergman All Speakers</i>
10:15-10:30 am	<b>Break</b>	
10:30-12:30 pm	<b>Magnesium:</b> Nutrition Perspective Gastroenterology Perspective Nephrology Perspective Emergency & Critical Care Perspective Panel Discussion	<i>Dr. Maryanne Murphy Dr. Romy Heilmann Dr. Rebecca Geddes Dr. Tom Greensmith All Speakers</i>
12:30-1:30 pm	<b>Lunch Break</b>	
1:30-3:30 pm	<b>Vitamin D:</b> Nutrition Perspective Gastroenterology Perspective Nephrology Perspective Immunology Perspective Panel Discussion	<i>Dr. Nadine PaBlack Dr. Sara Jablonski Dr. Valerie Parker Dr. Jared Jaffey All Speakers</i>

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Monday, October 12, 2026 (continued)		
Time (Mountain Time)	Topic	Presenter(s)
3:30-3:45 pm	<b>Break</b>	
3:45-5:45 pm	<b>Thiamine:</b> Nutrition Perspective Neurology Perspective Emergency & Critical Care Perspective Cardiology Perspective Panel Discussion	<i>Dr. Jen Larsen</i> <i>Dr. Natasha Olby</i> <i>Dr. Laura Cole</i> <i>Dr. Jake Wolf</i> <i>All Speakers</i>
5:45-6:00 pm	<b>Closing Remarks</b>	